

## A SIMPLE ROOM-BY-ROOM PRINTABLE

# The Indoor Cat Happy Home Checklist

Small, thoughtful changes can make a big difference. Tick off what you already have, and choose one easy improvement to try next.

## The Living Room & Play Spaces

- ☐ Offer at least one sturdy scratching surface (vertical or horizontal).
- ☐ Provide a comfortable resting spot and a place to hide when things feel busy.
- ☐ Make time for short, interactive play sessions using cat-safe toys.
- ☐ Rotate a few toys to keep familiar favourites interesting.
- ☐ Secure blind cords and put away strings, ribbons and small swallowable objects.

## Windows, Climbing & Cozy Corners

- ☐ Create a safe window-watching spot with a stable perch or cat tree.
- ☐ Check window screens and balcony access so your cat cannot fall or escape.
- ☐ Offer a stable elevated resting spot with a safe way up and down.
- ☐ Keep at least one quiet, low-traffic retreat available.

## Food & Water Stations

- ☐ Keep fresh drinking water available and wash bowls regularly.
- ☐ Place water somewhere easy to reach, away from litter boxes.
- ☐ Provide meals appropriate for your cat's needs; ask your vet about diet concerns.

### TODAY'S TINY WIN

One small change I can make today: \_\_\_\_\_

## THE FINISHING TOUCHES

# Comfort, Safety & Everyday Care

A happier home does not need to be a perfect one. Start with what fits your space, your budget and your cat.

## Litter Box & Cleaning

- ☐ Provide accessible litter boxes in quiet locations, away from food and water.
- ☐ Scoop litter daily and clean boxes regularly with cat-safe products.
- ☐ Make sure each cat can access a box without being blocked by another pet.

## Bedroom, Bathroom & Household Safety

- ☐ Store medications, cleaning products and essential oils securely.
- ☐ Check houseplants for cat toxicity before bringing them indoors.
- ☐ Keep washers, dryers and closets checked before closing doors or starting cycles.
- ☐ Put away dental floss, hair ties, thread and other tempting small items.
- ☐ Make sure your cat has a carrier and a safe, quiet place during visitors or noise.

## The Weekly Cat Check-In

- ☐ Notice changes in appetite, drinking, litter habits, energy or behaviour.
- ☐ Check grooming needs and brush as appropriate for your cat's coat.
- ☐ Refresh enrichment: a new cardboard box, a different perch or a toy rotation.
- ☐ Keep your veterinarian's contact details and emergency number handy.

### A GENTLE REMINDER

Cats have different needs and preferences. Introduce changes gradually, and let your cat choose whether to explore. If you notice sudden changes in behaviour, appetite, thirst or litter habits, contact your veterinarian.